

# Tring RC Lockdown Bingo Challenge 2020

This is designed to be a bit of fun to help with the boredom of Lockdown. Please adhere to all current GOVT guidelines when taking part in activities. Thanks to the Tring RC Facebook family who have collaborated to bring you Tring RC Bingo running! The pointless aim of the game is to try and complete as many challenges and record however you like - photos, videos, dates, strava etc.

## Whilst on a Run...

<p>find a Windmill</p> 	<p>spot 4 different types of mammals (other than human)</p> 	<p>sing!!! (loud enough for someone to hear!)</p> 	<p>create NHS letters on Strava</p> 	<p>include a water crossing (preferably soggy feet!)</p> 	<p>pass minimum number of people (record lowest number)</p> 	<p>witness something 'unexpected'</p> 
<p>wear a different colour of the rainbow for 7 runs</p> 	<p>run around a cricket pitch, football pitch and a churchyard</p> 	<p>plod round slowly</p> 	<p>go fast!</p> 	<p>run from one golf course to another</p> 	<p>spot a giant inanimate object such as a dinosaur or Gruffalo</p> 	<p>spell out your name by running roads starting with the corresponding letters.</p> 
<p>wear a disguise (yes you will feel like a numpty but hopefully no-one will know it's you!)</p> 	<p>ascend and descend separate set of steps</p> 	<p>cross a bridge over a road, a railway and a canal</p> 	<p>take a selfie next to an animal</p> 	<p>run past as many pubs as you can—(your pub crawl route post lockdown)</p> 	<p>beat your record on a Strava segment</p> 	<p>run on as many streets starting with a different letters of the alphabet</p> 
<p>run to a trig point</p> 	<p>run past as many churches as you can</p> 	<p>find a real rainbow</p> 	<p>wear fancy dress</p> 	<p>get rained on</p> 	<p>find as many pictures of rainbows as you can</p> 	<p>do a spot of stargazing</p> 